








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Birthdays:</b></p> <p>James Halvachs 3/1 Julie Morris 3/1 Bob Smith 3/2 Adrian Baum 3/3 Harry Martin 3/4</p>	<p>Roberta Cusack 3/6 Richard Stellhorn 3/8 Vada Kennedy 3/22 Julia Scroggins 3/25</p>	<p><b>Activities Are Subject to Change! - Please Watch For Announcements Regarding Changes at The Reception Desk</b></p>	<p><b>1 Share A Smile Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 10:00 Nail Salon AR 10:15 FCB Bank <b>11:30 Knoll-mart</b> 3:00 Choir Practice 6:00 Movies on Netflix</p> 	<p><b>2 Doctor Seuss Day</b> Dress like Cat in the Hat</p> <p>8:30 Exercise 9:00 Silver Sneakers 9:30 Bible Study - Sterling Baptist <b>1:00 Crafts w/ Kristine - AR</b> 3:00 Bingo 6:00 Movies on Netflix</p>	<p><b>3 Dress In Blue Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:00 TRIP: Walmart</b> <b>11:30 Knollwood Bake Sale</b> 2:30 Fabulous Friday 6:00 Movies on Netflix</p>	<p><b>4 Pound Cake Day</b></p> <p>9:30 Silver Sneakers 10:00 Cards/Games 1:00 Crafts w/ Kristine -AR 4:00 Trivia Winner L 6:00 Bingo 7:00 Movies on Netflix</p>
<p><b>5 National Art</b></p> <p>9:00 Church Service 9:30 Silver Sneakers 10:30 Holy Communion AR 1:00 Cards/ Games 2:00 "Musical Sunday" w/ Jeremy Wright DR 3:00 Crafts w/ Kristine 6:00 Bingo 7:00 Movies on Netflix</p>	<p><b>6 National Dress Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>10:00 Resident Council, Cuisine Committee, &amp; Calendar Planning</b> 3:00 Crafts 6:00 Movies on Netflix</p> 	<p><b>7 Cereal Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:30 TRIP: DIRT CHEAP</b> 10:15 Chair Yoga w/ Lindsey <b>1:30 "Something Cereal"</b> 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>8 National Dietician Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 10:00 Nail Salon AR 10:15 FCB Bank <b>11:30 Knoll-Mart</b> 1:30 Make It &amp; Take It 3:00 Choir Practice 6:00 Movies on Netflix 6:30 KNOTS OF LOVE</p>	<p><b>9 Barbie Day</b> Dress like Barbie Day</p> <p>8:30 Exercise 9:00 Silver Sneakers 9:30 Bible Study - Sterling Baptist <b>11:45 TRIP: RIVER CITY CASINO</b> 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>10 Middle Name Pride Day</b></p> <p>8:30 Exercise AR 9:00 Silver Sneakers <b>9:00 TRIP: Walmart</b> <b>1:30 Green Hat Club</b> 2:30 Fabulous Friday 6:00 Movies on Netflix</p>	<p><b>11 Johnny Applesced Day</b></p> <p>9:30 Silver Sneakers 10:00 Cards/ Games 1:00 Crafts w/ Kristine - AR 4:00 Trivia Winner L 6:00 Bingo 7:00 Movies on Netflix</p>
<p><b>12 Chocolate Chip Cookie Day</b> Daylight Savings Time</p> <p>9:00 Church Service 9:30 Silver Sneakers 10:30 Holy Communion AR 1:00 Cards/ Games 2:00 "Musical Sunday" w/ Tom Ostresh DR 3:00 Crafts w/ Kristine 6:00 Bingo 7:00 Movies on Netflix</p> 	<p><b>13 Donald Duck Day</b></p> <p>8:30 Exercise 9:30 Silver Sneakers <b>10:00 Porch Sitters w/ Kim</b> <b>1:30 Dice Game - SIVNA</b> 3:00 Crafts 6:00 Movies on Netflix</p> 	<p><b>14 National Potato Chip Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:30 SPA DAY</b> 10:15 Chair Yoga w/ Lindsey <b>1:00 TRIP: SAVERS</b> 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>15 Peanut Lovers Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 10:00 Nail Salon AR 10:15 FCB Bank <b>11:30 Knoll-Mart</b> 1:30 St. Patty's Ice Cream Floats 3:00 Choir Practice 6:00 Movies on Netflix</p>	<p><b>16 Lip Appreciation Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 9:30 Bible Study - Sterling Baptist <b>12:00 "OUT TO LUNCH" Eunch</b> <b>1:30 "Tea &amp; Tiara's"</b> 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>17 St. Patrick's Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:00 TRIP: WALMART</b> <b>11:00 Resident St. Patty's Day Party</b> 6:00 Movies on Netflix</p>	<p><b>18 National Corn Dog Day</b></p> <p>9:30 Silver Sneakers 10:00 Cards/Games 1:00 Crafts w/ Kristine -AR 2:30 KNOTS OF LOVE 4:00 Trivia Winner L 6:00 Bingo 7:00 Movies on Netflix</p> 
<p><b>19 National Chocolate Caramel Day</b></p> <p>9:00 Church Service 9:30 Silver Sneakers 10:30 Holy Communion AR 1:00 Cards/ Games 2:00 "Musical Sunday" w/ Dave Sheppard DR 3:00 Crafts w/ Kristine 6:00 Bingo 7:00 Movies on Netflix</p>	<p><b>20 National Ravioli Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>10:00 Mystery Trip</b> 3:00 Crafts 6:00 Movies on Netflix</p> 	<p><b>21 Nat'l Strawberry</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:30 TRIP: HERE TODAY/5 BELOW</b> 10:15 Yoga w/ Lindsey <b>1:00 Ice Cream Social</b> 3:00 Bingo 6:00 Movies on Netflix 6:30 St. Paul Church Of Christ</p> 	<p><b>22 Nat'l Goof Off Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 10:00 Nail Salon AR 10:15 FCB Bank <b>11:30 Knoll-Mart</b> 12:30 Disney Movie 3:00 Choir Practice 6:00 Movies in Netflix 6:30 KNOTS OF LOVE</p>	<p><b>23 National Water Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 9:30 Bible Study-Sterling Baptist 10:30 Make Your Own Pizza 1:00 Crafts w/ Kristine -AR 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>24 National Chocolate Covered Raisin Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 9:00 TRIP: WALMART 2:30 Knollwood Birthday 6:00 Movies on Netflix</p>	<p><b>25 Medal of Honor Day</b></p> <p>9:30 Silver Sneakers 10:00 Cards/Games 10:30 TRIP: OUT 2 BRUNCH 1:00 Crafts w/Kristine- AR 4:00 Trivia Winner 6:00 Bingo 7:00 Movies on Netflix</p>
<p><b>26 National Spinach Day</b></p> <p>9:00 Church Service 9:30 Silver Sneakers 10:15 Holy Communion AR 1:00 Cards/Games 2:00 "Musical Sunday" w/ Joe Powell DR 3:00 Crafts w/ Kristine 6:00 Movies on Netflix 7:00 Movies on Netflix</p> 	<p><b>27 65<sup>th</sup> Anniversary of Film "Singing In The Rain"</b></p> <p>8:00 Breakfast In Bed 8:30 Exercise 9:00 Silver Sneakers 12:30 MOVIE: SINGING IN THE RAIN 3:00 Craft Project 6:00 Movie on Netflix</p> 	<p><b>28 Nat'l Beer Brewers Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:30 TRIP: DOLLARTREE</b> 10:15 Yoga w/ Lindsey 3:00 Bingo 6:00 Movies on Netflix</p> 	<p><b>29 Lemon Chiffon Cake Day</b> Visit From Fred Bird</p> <p>8:30 Exercise 9:00 Silver Sneakers 10:00 Nail Salon AR 10:15 FCB Bank <b>11:30 Knoll-Mart</b> 3:00 Choir Practice 6:00 Movies on Netflix</p>	<p><b>30 National Doctor's Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers 9:30 Bible Study-Sterling Baptist 10:30 Make Your Own Nachos <b>1:00 Crafts w/ Kristine -AR</b> 3:00 Bingo 6:00 Movies on Netflix</p>	<p><b>31 Nat'l Lemon &amp; Oranges Day</b></p> <p>8:30 Exercise 9:00 Silver Sneakers <b>9:00 TRIP: WALMART</b> <b>2:30 Fabulous Friday</b> 6:00 Movies on Netflix</p> 